


The image shows the exterior of Santa Sophia Catholic Church. On the left is a tall, white bell tower with a green dome and a cross on top. The main church building has a large, arched stained glass window with a central figure. The architecture is light-colored with decorative elements. The sky is blue with some clouds. There are palm trees and other plants in the foreground.

# Santa Sophia Catholic Church

Parish Life for Families & Individuals

	Group	Contact	Phone	Mission Statement
<input type="checkbox"/>	<b>Apostleship of Prayer</b>	Vickie Sarafa	670-8383	The mission of the Apostleship of Prayer is to encourage Christians to make a daily offering of themselves to the Lord for the coming of God's Kingdom and for the Holy Father's monthly intentions. This habit of prayer encourages a Eucharistic spirituality of solidarity with the Body of Christ and loving service to others. Nourishing this spiritual program is the love of the Sacred Heart of Jesus. <a href="http://www.apostleshipofprayer.org">www.apostleshipofprayer.org</a>
<input type="checkbox"/>	<b>Bereavement - Life After Loss</b>	Sr. Margaret Eilerman	670-9663	This support group is for those grieving over any kind of a loss (death of a loved one, loss of home, of a job, a divorce, a pet, etc). New sessions start twice a year and meet Monday evenings for six weeks.
<input type="checkbox"/>	<b>Blood Bank</b>	Carol Williams	462-0663	Volunteers coordinate two blood drives per year at the parish, helping with sign-ins and manning the post-donation snack table.
<input type="checkbox"/>	<b>Bridge</b>	Marianne Bickhaus	670-0465	Ladies in the Marathon Bridge group meets on the 3rd Thursday of the month, offering their player fees as a church donation.
<input type="checkbox"/>	<b>Catholic Daughters of the Americas</b>	Melissa Hiatt	800-0232	The women of CDA Court #2520 are dedicated to strengthening our spiritual life through Christ and the Church. Our activities fund raise to support parish, local and national charities. <a href="http://www.catholicdaughters.com">www.catholicdaughters.com</a>
<input type="checkbox"/>	<b>Charismatic Prayer (Spanish)</b>	Maria Montes	670-0425	Our purpose is to praise the Lord in word and song, to share Scriptures, to pray and sing in tongues in the Holy Spirit and to proclaim the influence of the Lord and His work in our daily lives.
<input type="checkbox"/>	<b>Columbian Squires</b>	Greg Villard	442-6416	Associated with the Knights of Columbus, the Squires program strives to provide spiritual, cultural, civic, social and physical improvement of its members, and the development of their leadership qualities. For young men ages 10 through 18. <a href="http://www.kofc.org/un/eb/en/members/squires/">www.kofc.org/un/eb/en/members/squires/</a>
<input type="checkbox"/>	<b>Common Ground</b>	Dennis Regan	670-1520	The Common Ground Collaborative works through the La Mesa/Spring Valley school districts to provide goods and services needed by students, and their families, to ensure a positive learning environment.
<input type="checkbox"/>	<b>Community for Life</b>	Pat Brown	461-1166	Santa Sophia Community for Life is an action-oriented group supporting initiatives that promote traditional marriage, parental notification, and the dignity of life.
<input type="checkbox"/>	<b>El Nido Transitional Living Program</b>	Sr. Margaret Eilerman	670-9663	Parishioners of Santa Sophia donate furnishings and goods for an El Nido apartment. This apartment is available to women, and their children, who are starting again after escaping an abusive relationship. <a href="http://www.interfaithshelter.org/el_nido.htm">www.interfaithshelter.org/el_nido.htm</a>
<input type="checkbox"/>	<b>Filipino-American Society</b>	Dee Sanford	434-7106	Members meet periodically to share social and cultural activities, as well as fund raise for Santa Sophia Church.
<input type="checkbox"/>	<b>Gay/Lesbian Support</b>	Sr. Margaret Eilerman	670-9663	From the guidelines of the Diocese of San Diego and in accordance with the directives of the United States Conference of Catholic Bishops, this group is a Catholic resource to those with same-sex orientation and/or their parents.
<input type="checkbox"/>	<b>Interfaith Shelter</b>	Barbara Stewart	670-1572	Santa Sophia participates in this area-wide program by providing meals and overnight hosting for one two-week period per year to pre-screened individuals and families who need lodging and food as they look for work. <a href="http://www.interfaithshelter.org/rotational_shelter_program.htm">www.interfaithshelter.org/rotational_shelter_program.htm</a>
<input type="checkbox"/>	<b>Italian Catholic Federation</b>	Chris Murphy	462-8058	Members uphold and develop religious spirit among themselves and spread that spirit among all people outside the organization. They are active in apostolate and charitable programs. <a href="http://www.icf.org">www.icf.org</a>
<input type="checkbox"/>	<b>Knights of Columbus</b>	Victor Lopez	663-5632	The Knights of Columbus was formed to render financial aid to members and their families. Social and intellectual fellowship is promoted through fund raising programs and events. <a href="http://www.kofc.org">www.kofc.org</a>

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<input type="checkbox"/>	<b>Latino Society</b>	Amada Lopez	466-6738	This social organization was formed to enjoy and share Latin heritage, culture and traditions with the parish.
<input type="checkbox"/>	<b>Legion of Mary</b>	Tellie Dominguez	670-7403	Members experience evangelization and sanctification by prayer and good works. We emphasize promoting devotion to our Blessed Mother, Mary. <a href="http://www.legionofmary.org">www.legionofmary.org</a>
<input type="checkbox"/>	<b>Liturgy: Altar Servers</b>	Rosemary Wellington Butt	698-0855	Altar servers assist at the celebration of the Mass and other liturgies. Open to both males and females, altar servers must be in at least grade 5, received their first Holy Communion, and be registered in Religious Education classes and/or a Catholic school.
<input type="checkbox"/>	<b>Liturgy: Extraordinary Ministers of the Eucharist</b>	Sandy Burdine	670-6257	These parishioners assist at each Mass with the distribution of Holy Communion. Anyone who has been Confirmed and is in good standing with the Catholic Church is eligible for this ministry. Ministers also take Communion to the sick and home-bound on behalf of the entire parish community.
<input type="checkbox"/>	<b>Liturgy: Lectors</b>	Ernie Alvarez	465-1909	Lectors proclaim the Word of God at Sunday and weekday Masses. They receive training and are expected to prepare their proclamation thoroughly and carefully, through prayer and practice. Anyone who is Confirmed and in good standing with the Catholic Church is eligible for this ministry.
<input type="checkbox"/>	<b>Liturgy: Ministry of Hospitality</b>	Rosemary Wellington Butt	698-0855	During weekend Masses Ministers of Hospitality welcome and assist parishioners as they arrive, take up the collection, and prepare the church for the next celebration of the Eucharist.
<input type="checkbox"/>	<b>MOMS Group</b>	Paula Bott	462-7414	Mothers of all ages are invited to gather for a time of fun and spiritual renewal. Child care is always provided.
<input type="checkbox"/>	<b>Music Ministry: Santa Sophia Kids' Chorale</b>	Kevin McGoff	463-6629 ext. 32	The Santa Sophia Kids' Chorale reaches out with music to young people of our church in grades 3 to 10. The target start up date is Sept 2010 with children singing at Sunday Mass at least one time per month. Season: Sept thru mid-June.
<input type="checkbox"/>	<b>Music Ministry: Santa Sophia Liturgical Ensemble</b>	Chris Dameron & Kevin McGoff	465-6784 463-6629 ext. 32	A group of singers and instrumentalists providing musical leadership to our community usually at the Sat, 4:30 pm Mass. Membership is open to adults, young adults and eligible teens. Rehearsals are Tue, 7:30 to 9:00 pm. Season: Sept thru mid-June.
<input type="checkbox"/>	<b>Music Ministry: The Santa Sophia Singers</b>	Kevin McGoff	463-6629 ext. 32	A choir of mixed voices, SATB, incorporating an eclectic mix of music in different styles to our community usually at the Sun, 9:30 am Mass. Membership is open to adults, young adults and eligible teens. Rehearsals are Thu, 7:00 to 9:00 pm. Season: Sept thru mid-June.
<input type="checkbox"/>	<b>Religious Education</b>	Bernadette Padlo	463-6011	Faith formation and sacramental preparation for children, teens and adults through the Rite of Christian Initiation for Adults and Children, other religious education programs, and infant baptism preparation classes for parents.
<input type="checkbox"/>	<b>Safe Place Faith Community</b>	Nan D'Anna	663-9785 (leave a message please)	We provide faith-based support to parishioners, their family and friends who suspect or know of domestic violence in their everyday relationships. Volunteer team members are trained to listen and offer assistance to inquiries about child, elder or intimate partner abuse.
<input type="checkbox"/>	<b>Santa Sophia Academy (Preschool)</b>	Victoria Simanek	463-0141	Our preschool provides care for children ages 2 and 9 months to 5 years of age in a warm, home-like setting that encourages creativity, inquiry, developmental skills and a strong moral foundation of Catholic teachings.
<input type="checkbox"/>	<b>Santa Sophia Academy (K-8)</b>	Karen Laaperi	463-0488	Our Catholic elementary and middle school form an excellent educational community where students are educated in an environment of wisdom and a tradition of faith.

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<input type="checkbox"/>	<b>Santa Sophia Academy Extended Day Care (EDC)</b>	Susan Orelli	668-5471 or 463-0488	The EDC Center provides before and after school enrichment care to Academy students of working parents.
<input type="checkbox"/>	<b>Santa Sophia Academy PTG (Parent Teacher Guild)</b>	Linda Schrader	463-0488	Members of the PTG serve the Academy as the means of consultation and communication between parents and the Academy staff. Additionally, it is an important source of community building, fund raising, and parental support for the Academy.
<input type="checkbox"/>	<b>Santa Sophia Parish Councils</b>	Fr. Peter McGuine	463-6629 x 21	Parish Councils are the primary groups that assist, advise and collaborate with the pastor in his role as leader of the parish. Membership is by invitation of the pastor.  Pastoral Council: Nan D'Anna, Chairperson, 660-9765 Finance Council: Tom Ilas, Chairperson, 444-1569 Development Council: Thom Hiatt, Chairperson, 368-8466
<input type="checkbox"/>	<b>Scouts (Boy)</b>	Greg Deering	977-8252	To provide the "Scouting Experience" to boys ages 11 through 18 in our community.
<input type="checkbox"/>	<b>Scouts (Cub)</b>	Matt Lindsay	462-7991	To provide the "Cub Scouting Experience" to boys ages 6 through 10 in our community.
<input type="checkbox"/>	<b>Scouts (Girl)</b>	Academy Office	463-0488	To provide the "Scouting Experience" to girls ages 5 through 18 in our community.
<input type="checkbox"/>	<b>Seniors Club</b>	Agnes Smith	442-7190	Our purpose is to provide social, educational and spiritual experience for the "50's or older" members of our parish and community.
<input type="checkbox"/>	<b>Small Church Communities</b>	Dolly Manning	670-1366	Participants gather in small groups to pray and share Scripture so that we may grow in living our faith. Men's, Women's, and Couples groups meet regularly.
<input type="checkbox"/>	<b>St. Vincent de Paul</b>	John Munn	660-6919	Members help those in our community who are in need. The help is personal and direct with food distribution and referrals.
<input type="checkbox"/>	<b>Ultreya/Prayer Group</b>	Frank & Bernice Mascari	303-1132	The Cursillo program of Christian Renewal is designed to prepare people of God to become leaders and experience a new awareness of Jesus Christ in their lives. <a href="http://www.rc.net/sandiego/cursillo/">www.rc.net/sandiego/cursillo/</a>
<input type="checkbox"/>	<b>Women's Guild</b>	Kathy McCoy	669-0826	Guild activities primarily foster friendship while raising money to purchase Eucharistic supplies and to donate to priestly formation as well as various events and organizations.
<input type="checkbox"/>	<b>Youth Group - Junior High</b>	Lucas & Emily Giesing	749-5919	We provide a safe, fun, yet Christ-centered environment in which junior high students can get "plugged in" with other like-minded young people.
<input type="checkbox"/>	<b>Youth Group - Senior High</b>	Carolina Rios	463-6011	High School students gather for social and service opportunities throughout the year.

To suggest changes to this brochure, please write to [gkruzel@santasophia.org](mailto:gkruzel@santasophia.org).